

Excellence in emergency care

Methodist Mansfield named Level III Advanced Trauma Facility

In late January, the Texas Department of State Health Services designated Methodist Mansfield Medical Center as a Level III Advanced Trauma Facility. As a Level III Trauma Center, Methodist Mansfield has the equipment, specialized resources, and specially trained trauma team to care for critically injured patients 24 hours a day. Additionally, Methodist Mansfield



consistently ranks in the **90th percentile for patient satisfaction** by Press Ganey and was honored as the Best Emergency Department and Best Hospital by *Arlington Today* and *Living Magazine* readers.

NEW PRESIDENT AT METHODIST MANSFIELD



Methodist Health System named Juan Fresquez the new president of Methodist Mansfield in mid-March. No stranger to DFW, he began his career at Parkland Hospital in Dallas and has more than 28 years of acute care hospital management experience.

“I am so proud to lead a team of employees who are top-decile performers for engagement and physicians who have achieved high patient satisfaction in the 90th percentile (and 95th percentile for the Emergency Department), great clinical outcomes, and an award-winning reputation in the communities we serve,” Fresquez says.

Growing to serve you



Construction reached the halfway point with a topping-out ceremony in July for Methodist Midlothian. The new, 190,000-square-foot, full-service acute care hospital and 45,000-square-foot medical office building are being built west of U.S. 287 near the Midlothian ISD multipurpose stadium and scheduled to open in fall 2020.

Methodist Mansfield celebrated the grand opening of the Professional Office Building (POB) II. The 82,000-square-foot building is four stories of professional office building space with primary, specialty, and hospital services.



New technology and procedures

Methodist Mansfield began offering these new procedures and technologies:



The electrophysiology lab staff and Aamir Amin, MD, on the hospital medical staff, performed Methodist Mansfield's first Micro™ implant (the world's tiniest pacemaker).

- **Spinraza:** lumbar injection helps restore mobility in spinal muscular atrophy
- **Bravo™:** catheter-free reflux testing system
- **Capsule endoscopy:** wireless camera in a capsule is swallowed to investigate digestive bleeds
- **Cryoablation for atrial fibrillation:** minimally invasive heart procedure using extreme cold to destroy tissue
- **Endoscopic ultrasound:** obtains images and information about the digestive tract and surrounding tissue and organs
- **Fecal bacteriotherapy:** restoring the digestive tract bacteria with an infusion from a donor
- **High-resolution manometry:** advanced measurement of the gastrointestinal tract
- **Linx:** minimally invasive implantation of a small titanium device with magnetic cores to prevent reflux



David Woodward plays cards with his interventional radiologist Alvin Anene, MD, on the medical staff at Methodist Mansfield. However, he insists that he's already a winner. Since beginning Spinraza injections, he's regained movements he thought he'd lost for good.



Methodist Mansfield Medical Center, a designated Magnet® hospital, has earned The Joint Commission's Gold Seal of Approval® as an accredited hospital as well as a chest pain center and stroke center, to name a few.

Proud to work for **community wellness**

SERVICE AND SUPPORT 2019

We were proud to offer or sponsor these community events and organizations last year:

- Arlington British Women's Club
- Arlington-Mansfield Area YMCA
- Arlington Women's Club
- Autumn Run Neighborhood Association
- Ben Barber Innovation Academy Health and Science Program
- Big League Dreams Sports Park
- City Health Fairs and Lunch and Learn events
- City of Midlothian Chili Cook-Off
- City of Midlothian
- Arlington, Grand Prairie, Mansfield, and Midlothian ISDs and education foundations
- Hawaiian Falls
- HMS
- Kennedale ISD Education Foundation
- Lear Corporation
- Local Lions, Kiwanis, and Rotary clubs
- Lockheed Martin
- Lowes Farm Neighborhood Association
- Mansfield Cares
- Mansfield Community Prayer Breakfast
- Mansfield Women's Club
- March of Dimes® March for Babies®
- Meredith Hatch Foundation
- Mira Lagos Neighborhood Association
- Mission Arlington
- Mission Mansfield
- National Night Out
- Old Castle Precast
- Parker Hannifin
- Prettier in Pink Breast Cancer Event
- Run With Heart, as well as numerous other local community run/walk events
- Tarrant County Walk for the Cure
- USA Fieldhouse.



Methodist Mansfield was proud to sponsor the inaugural All-Ellis County All-Star Preps awards banquet honoring 300 student athletes and coaches with Texas Ranger and baseball Hall of Famer Ivan "Pudge" Rodriguez. Pudge also took time to visit with his youngest fans in the NICU. Shown above, he greets April Firebaugh, RN, and infant John Landreth Kirkpatrick.



Pet therapy "puptials." Peaches and Duke were joined in puptions on Oct. 25 at Methodist Mansfield's Physical Medicine Department. The four-legged pet therapy staffers join Methodist Mansfield's Physical Therapy team every Friday to bring relief and joy to patients undergoing physical medicine therapy.

Methodist Mansfield is the official healthcare partner of Mansfield ISD Athletics. Methodist Mansfield provides echocardiograms, sports physicals, health education, and team physicians for school athletes in the Mansfield, Midlothian, and Grand Prairie ISDs.



Alina Fong, PhD, leading neuropsychologist and co-founder of one of the premier concussion treatment centers in the U.S., discusses how to identify and treat concussions at the Mansfield ISD Center for the Performing Arts.

As part of the hospital's swim safety initiative, Methodist Mansfield honored first grader Berkley Donahue with the Community Hero Award for saving a toddler's life in a backyard swimming pool this year.



Methodist Mansfield partnered with Midlothian ISD to offer a dedicated wellness and virtual care clinic for all school employees.

Methodist Mansfield and Mansfield ISD join together to help patients recover with the joy of music and performance. Music is an evidence-based, nonpharmaceutical strategy for managing pain and anxiety, ultimately playing a significant part in a patient's recovery.



Expanded care for our **tiniest patients**

In 2019, **Methodist Mansfield** began to double the size of the neonatal intensive care unit (NICU). The \$9 million expansion provides eight more NICU beds that can care for babies as young as 28 weeks. The unit also features private rooms for babies and parents to room together, a large shower, aromatherapy, and charging stations for cellphones and electronics, along with an Angel Eye Camera System, which allows parents to view their babies any time of day via a secure online portal.



Methodist Mansfield partners with the Sunrise Rotary Club and Mansfield ISD to help boost children's literacy through a Read to Me infant book program, which increases the number of children who become capable and lifelong readers.



The women's services department uses lavender- and peppermint-scented aromatherapy patches to calm new mothers and mothers-to-be.



Kaila and Peter Athens celebrate the birth of their son, the 20,000th baby born at the hospital, on Wednesday, Aug. 21.

Thousands watched the robotic hysterectomy, performed by Sara Northrop, DO, OB-GYN on the medical staff at Methodist Mansfield, streamed live on the hospital's Facebook page. The patient, Monica Sundbury, is a wife, mother of two young boys, and second-grade teacher who had polycystic ovary syndrome (PCOS).



FORMER DALLAS MAYOR MIKE RAWLINGS RECEIVES 2019 FOLSOM AWARD

Methodist Health System Foundation presented its 2019 Robert S. Folsom Leadership Award to former Dallas Mayor Mike Rawlings. A formal dinner and celebration in Rawlings' honor raised \$1.5 million to build a new, specialized floor for patients of The Transplant and Advanced Surgery Progressive Care Unit at Methodist Dallas Medical Center.

CARE YOU CAN TRUST

Here are just some of the accolades we've received in the past year:

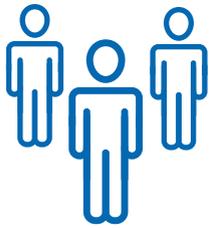
Methodist Health System

- Named one of the Healthcare Diversity Council's Top 3 Healthcare Diversity Organizations in the nation
- 2020 Military Friendly® Employers list
- Honored as Frontline Healthcare Worker Champion
- All four wholly-owned hospitals have received the highest rating possible by the independent hospital watchdog The Leapfrog Group® for the second time back-to-back
- For the fifth year in a row, Methodist Health System has received the Buy Those That Buy Us™ Best Practice Award. The award is given by the DFW Minority Supplier Development Council.

Methodist Mansfield

- Consistently awarded an A Hospital Safety Grade by The Leapfrog Group®
- CMS 4-Star Rating
- Certified as a Chest Pain Center by The Joint Commission
- Four nurses recognized in *D Magazine's* Excellence in Nursing Awards and two nurses named to the DFW Great 100
- Recovery Notes Community Relations Outreach Team and a physician honored as *Fort Worth Business Press* Healthcare Heroes
- Designated a Level III Advanced Trauma Center
- Blue Distinction® Center for Maternity Care and Cardiac Care
- A nurse honored as the Rex McRae Scholarship recipient by the Dallas-Fort Worth Hospital Council
- Methodist Mansfield Wound Care and Hyperbaric Center honored with the Robert A. Warriner III Center of Excellence Award
- Voted Best Hospital, Best Emergency Department, and Best Maternity Ward by readers in Arlington, Grand Prairie, and Mansfield in *Arlington Today*, *Focus Daily News* and *Living Magazine's* Best of Readers' Choice Awards
- American Heart Association/American Stroke Association Get With The Guidelines®-Stroke Gold Plus With Honor Roll Elite Plus Achievement Award
- American Heart Association/Mission Lifeline® Gold Plus Receiving Quality Achievement Award
- SCOPY Award from the American College of Gastroenterology
- A physician named to Ellis County 40 Under 40.

NUMBERS TO KNOW



10,519

The number of people Methodist Health System **employed** throughout the **Metroplex** in 2019

The number of **people employed** in 2019 by Methodist Mansfield Medical Center:

1,736



\$170.3 million

How much Methodist Health System provided in **unreimbursed charity care** in fiscal year 2019



\$1.5 billion

Methodist Health System's 2019 economic impact, including from **income and benefits provided for employees**



5

The number of years Methodist Health System has **been part of the Mayo Clinic Care Network**. Both Methodist and Mayo

Clinic continue to work together to benefit the communities they serve by sharing knowledge, accessing the latest medical information, and providing innovative care, unmatched in this marketplace



16

The number of consecutive years that Methodist Health System has been named among the **Best Places to Work** by the *Dallas Business Journal*. The health system also ranked among the 150 Great Places to Work in Healthcare by *Becker's Hospital Review* for the eighth year running.

\$124.8 MILLION

Methodist Mansfield Medical Center's **economic impact** on Tarrant County

4

Methodist Mansfield is **proud to support the Arlington, Grand Prairie, Mansfield, and Midlothian Chambers of Commerce**.



ADVISORY BOARD

Thank you for the outstanding people serving on our advisory board (front row, from left) Randall Canedy; Rev. David Alexander; Michael Van Amburgh; Greg Giessner; Pam Rudnicki; Clayton Chandler; William Coppola, PhD; and Robyn Doty; (back row) Jim Vaszauskas, EdD, chair; John Willis, DO; Rev. Greg Buckles; Juan Fresquez; Todd Tonore; and Stephen Foster, DO; (not pictured) Bob Brown; Rev. Michael Evans; Lane Ledbetter, EdD; Richard Schimming; Jim Swafford; Donald Williams; Sheri Capehart; and Dale McCaskill.

A nonprofit 501(c)(3) organization, Methodist Health System is affiliated by covenant with the North Texas Conference of the United Methodist Church. To support any of Methodist's vital healthcare and community programs, call Methodist Health System Foundation at **214-947-4555** or visit MethodistHealthSystem.org/Foundation.

Texas law prohibits hospitals from practicing medicine. The physicians on the Methodist Health System medical staff, including those being referenced in the articles contained in this publication, are independent practitioners who are not employees or agents of Methodist Mansfield Medical Center, Methodist Health System, or any of its affiliated hospitals.

Methodist Family Health Centers and Medical Groups are owned and operated by MedHealth/Methodist Medical Group and are staffed by independently practicing physicians who are employees of MedHealth/Methodist Medical Group. The physicians and staff who provide services at these sites are not employees or agents of Methodist Health System or any of its affiliated hospitals.

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